



# LUNCH

## PONTIAC DISTRICT # 429

### JANUARY 2012

CENTRAL & WASHINGTON & LINCON  
 & J.HIGH & St. MARY'S & HEAD  
 START  
 MILK SERVED DAILY

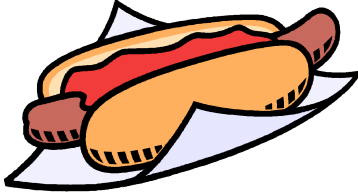


<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
2  NO SCHOOL	3 Chicken Que- sadilla Green Beans Chilled Mixed Fruit	4 Cheeseburger/Bun Tator Tots Chilled Pears Choc. Chip Cookie	5 Chicken Nuggets Mashed Potatoes & Gravy Peach Cups	6 Sausage Pizza Fresh Lettuce Salad Chilled Apple- sauce
9 Grilled Chicken/Bun Green Beans Chilled Peaches Jello	10 Mac & Cheese Little Smokies Peas & Carrots Fresh Apple	11 Homemade Chili W/ Crackers Bosco Stick Relishes Strawberries & Ba- nanas	12 Hot Turkey & Bacon Club Steamed Corn Chilled Mixed Fruit	13  BREAKFAST ONLY
16  Martin Luther King JR's BIRTHDAY NO SCHOOL	17 Cheeseburger/Bun Potato Rounds Chilled Apple- sauce	18 Ravioli Steamed Corn Slice of Bread Chilled Peaches Oatmeal Cookie	19 Chicken Fajita/Soft Shell Salsa Fresh Lettuce Salad Fresh Orange Slices	20 Breaded Chicken Patty/Bun Potato Wedges Chilled Fruit
23 Pancakes W/Syrup Sausage Link Potato Rounds Chilled Pineapple	24 Chicken Strips Broccoli & Cheese Chilled Peaches	25 Rotini/Meat Sauce Fresh Lettuce Salad Mini Bosco Frozen Juice Treat	26 Hot Ham & Cheese Green Beans Fresh Grapes	27 Grilled Cheese Cup of Tomato Soup Baby Carrots Chilled Mixed Fruit Rice Krispie Treat
30 Hamburger/Bun Potato Wedges Chilled Mandarin Or- anges	31 Homemade Chili W/Crackers Bosco Stick Baby Carrots Fresh Apple			

JANUARY 2012  
PONTIAC JR. HIGH

MENU SUBJECT TO CHANGE

ALA-CARTE



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
2  NO SCHOOL	3 Chicken Quesadilla Corn Dog Potato Wedges Yogurt W/Fruit Top- ping Salad	4 Cheeseburger/Bun Chicken Stix Tator Tots Yogurt W/Fruit Topping Salad	5 Chicken Nuggets Steak Fajita Mashed Potatoes Poppers Yogurt W/Fruit Top- ping Salad	6 Sausage Pizza Loaded Baked Potato Soup Cook Choice Yogurt W/ Fruit Top- ping Salad
9 Grilled Chicken/Bun Turkey Fritter/Bun Pretzel W/ Cheese Yogurt W/Fruit Top- ping Salad	10 Mac & Cheese Little Smokies General Tso chicken Hash Brown Sticks Yogurt W/ Fruit Top- ping Salad	11 Chili Mini Corn Dogs Bosco Bread Sticks Yogurt W/Fruit Topping Salad	12 Hot Turkey & Bacon Club Sweet & Sour Chicken Nacho's & Cheese Yogurt W/Fruit Top- ping Salad	13  BREAKFAST ONLY
16  NO SCHOOL	17 Hamburger/Bun Fiestada Pontiac Rounds Yogurt W/ Fruit Topping Salad	18 Ravioli Meatball Sub Twisted Cheese Sticks Yogurt W/Topping Salad	19 Chicken Fajita Loaded Baked Potato Soup Cheese Sticks Yogurt W/Fruit Topping Salad	20 Breaded Chicken Patty/ Bun Cook's Choice Yogurt W/Fruit Topping Salad
23 Breakfast Platter Chicken Chunks Potato Rounds Fruit Yogurt W/ Topping Salad	24 Chicken Strips Cheese Pizza Onion Rings Fruit Yogurt W/ Topping Salad	25 Rotini Popcorn Shrimp Bosco Sticks Fruit Yogurt W/Topping Salad	26 Hot Ham & Cheese Pot Roast W/Mashed Potatoes & Gravy Nacho's & Cheese Fruit W/Fruit Topping Salad	27 Grilled Cheese Tomato Soup Cook's Choice Fruit Yogurt W/Topping Salad
30 Hamburger/Bun Chicken Chunks Potato Wedges Fruit Yogurt W/Topping Salad	31 Chili/Crackers McRib/Bun Mushrooms Fruit W/Yogurt Topping Salad			