

GUIDELINES FOR WHEN TO KEEP YOUR ILL CHILD HOME FROM SCHOOL

- 1. If a child is sick enough to stay home or goes home ill during the day, please keep your child home the entire day. When a child's immune system is already weakened, sending the child back to school where there are many people and many germs may cause them to be ill much longer or come down with other illnesses.*
- 2. A child with diarrhea should be kept home.*
- 3. A child with a heavy cold and hacking cough belongs at home even if there is no temperature.*
- 4. A fever is a warning that all is not right with the body. Keep your child home if a fever is present and do not allow the child to return to school until the fever has been gone for 24 hours without medications like Tylenol. Medications can mask fevers and other symptoms.*
- 5. If your child is vomiting, do not send the child to school until food can be kept down.*
- 6. Do not send a child with a rash to school until your doctor says it is safe to do so.*
- 7. If your child has a sore throat, fever, and white spots can be seen in the back of the throat, call the doctor and keep the child at home.*
- 8. If your child has red, swollen eyes with itching/irritation, or a yellow/green discharge from the eyes, call the doctor and keep the child home.*

Please help us provide a healthy environment in our school buildings by keeping your child home when he/she is ill.

Sincerely,

*Shelly Murphy and Rachel Lee
District #429 School Nurses*